KATS KRATOM: QUICK GUIDE

LAB-TESTED • 100% NATURAL & ORGANIC • PROVEN PURITY

KRATOM BY THE STRAIN

Use this quick reference chart to better understand and advise on the different Kats Botanicals Kratom Strains, their effects, and the best time of day to take each strain.

Kratom Strain	Best Time to Take	Effects
Above The Waves	Versatile	Relaxing, Well-Being Boost, and Sense of Calm
Chocolate	Evening	Indulgent End-of-Day Peacemaker
Dark Elephant	Evening	Relaxing, Peaceful Decompression
Dark Red Malay	Morning/Mid-day/Versatile	Cloud-9 Calmer for Easy Evenings
Digital Buddha	Morning/Mid-day	Steady, Focused, On-Point Energy
Green Bali	Morning/Mid-day	Collected Clarity and Optimized Outlook
Green Elephant	Morning/Mid-day	Versatile, All-Around, Daytime Delight
Green Hulu Kapuas	Morning/Mid-day	All-Around 'Hard Day Helper'
Green Indo	Morning/Mid-day	Smooth, Balanced Mid-Day Boost
Green JongKong	Morning/Mid-day	Supportive, Inspiring, 'Feel-Good' Green Vein
Green Maeng Da	Morning/Mid-day	Positive, Energetic Well-Being
Green Malay	Morning/Mid-day	Restoring, Renewing Well-Being
Plantation Maeng Da	Morning/Mid-day	Energizing Daytime Well-Being Elevator
Red Borneo	Night Time	Tranquility, Calm, and Rest
Red Elephant	Evening	Tranquil, Settling, Restorative Rest Supporter
Red Maeng Da	Morning/Versatile	Energy, Body Boost and Well-Being
Spacebird	Versatile	Daytime Balance, Well-Being Boost, and Energy
Super Green	Morning/Mid-day	Bolstered Outlook, Energizing Well-Being
The Wedge	Morning/Mid-day/Versatile	"All-In-One" Energizing Life Lifter
White Bali	Morning/Mid-day	Full-Throttle Early Morning Master
White Borneo	Morning/Mid-day	Energizing, Amplifying, 'Go-Get-Em' Strain
White Elephant	Morning/Mid-day	Take Charge, Get-Up-and-Go Activation
White Horn	Morning/Mid-day	Uplifting Energizer for Goal Conquering
White JongKong	Morning/Mid-day	Zippy, Morning-Time Energy Launcher
White Maeng Da	Morning/Mid-day	Amplifying 'Go Mode' Slump Buster
Wild Red Bali	Early Evening	Calming, Soothing, 'Evening's Best Friend'
Yellow Maeng Da	Morning/Mid-day	Energizing, Feel-Good Body Boost
Yellow Sunda	Morning/Versatile	Blended Effects for Total Comfort

Kats Botanicals: 619 Old Hickory Blvd Old Hickory TN 37138 (877) 301-9923 • www.KatsBotanicals.com

BOTANICALS: QUICK GUIDE

LAB-TESTED • WIDE RANGE OF BENEFITS • PROVEN PURITY



A Botanical Product For Every Lifestyle.

GUMMIES
Our Gummies are the most delicious way to integrate botanicals into a healthy lifestyle.

CAPSULES
These perfectly-portioned capsules are the most convenient way to take your botanicals on the go.

POWDER
This is for the customer who wants more value and flexibility for their botanicals.

BOTANICAL PRODUCTS

Use this quick reference chart to better understand and advise on our expansive Botanical products, and the best product type to fit into your healthy lifestyle.

Botanical	Support For	Product Type
Ashwagandha	Muscle Development + Balanced Mood	Capsules, Powder
Ashwagandha + Apple Cider Vinegar	Stress, Digestion + Metabolism	Gummies
Collagen + Biotin	Healthy Skin, Nail, Hair + Flexibility Support	Gummies
Elderberry	Plant-based Immune System Support	Capsule
Elderberry + Zinc	Inflammation Control + Immune System Support	Gummies
Glucosamine + Chondroitin + Turmeric	Bone, Joint, + Cartilage Health	Gummies
Melatonin + Magnesium	Rest, Relaxation, + Nerve Function	Gummies
Moringa	Enhanced Cellular + Soft Tissue Health	Capsules, Powder
Shilajit	Mineral-rich Energy + Memory Enhancement	Natural Tar
Super Beets	Energy, Stamina, + Circulation	Gummies
Super Immunity	Complete Support for Your Immune System	Gummies
Turmeric	Joint Support + Inflammation Control	Capsules, Powder
Valerian Root	Rest, Relaxation + Sleep Support	Capsules

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