Kats

Kratom Guidebook



THE TOP 6 THINGS YOU NEED TO KNOW ABOUT KRATOM

Kats BOTANICALS

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Kats Kratom Guidebook

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THE DIFFERENT STRAINS OF KRATOM POWDER

How many different strains of Kratom powder have you tried before? Have you ever thought about how many different types of Kratom are out there?

It seems as though there's hundreds of different types of Kratom, which can make the Kratom consumer very happy.

Not to burst your bubble, but while there may be many various (even hundreds?) of Kratom options for you to try today, however, there's only a few strains which make up the entire bunch.

In fact, there's only three strains of Kratom – White, Green, and Red.

Before you go sobbing into your pillow, it's important to understand each strain and what it can do for you. The reason there seems to be so many types of Kratom for you to try is for various reasons – one supplier will call each white, green, or red a certain name to differentiate which farmer he gets it from. Another supplier will simply mix two different farmers greens together – or a red and white and call it something else. Some strains are categorized by region but some of the region names really don't mean anything.

Let's talk about these three strains. Also, these are not in any particular order of importance. Depending on what you like you can arrange these how you want.

Wait a Minute...

Are you curious how your favorite strain of Kratom arrived at that specific color? If you've ever wondered about how your green vein arrived to be green, or how your white vein turned white, I want to share some very interesting information with you.

How Do They Get The Vein Color?

Before we discuss these three different strains of Kratom, let's talk about HOW each of these stains turns into their specific color.

We've heard all kinds of different guesses – red vein comes from a specific region, green vein is wild grown, white vein simply means it's had a lot of water during its life cycle.

While all of these seem to sound logical, it's not the way it happens.

In fact, the end result of the color doesn't necessarily mean it was originally that color to begin with. Especially for you, I sat down with Kratom connoisseur Johnny Clark to share specific facts about changing the vein color of Kratom.

Johnny gives an example of Green Borneo. The odds are, he says, the green borneo was originally an actual red vein leaf, but dried a specific way to achieve these green characteristics.

Normally, greens are dried inside an air conditioned room with little to no light/lamp. After this they are dried outside for an hour or so.

Mr. Clark surmises about 75% – 85% of the green and white strains are originally red vein in the beginning.

The originating vein color doesn't mean a whole lot,

but what you do (as a farmer) after you harvest that counts.

A lot of the vein color has mostly to do with how the leaf is dried (whether inside or outside makes a big difference). Other variables are how it is fermented, or how much sunlight, lamp light, or UV light it had been exposed to. However, stay focused on the drying process because this is the key feature in your favorite strain color.

For example, whites are made usually by drying the leaf entirely inside (generally no light), while reds are made either from sunlight/lamp (UV light) or fermentation.

Other important factors Johnny explained are location of the leaves, soil content, and rainy/ hot and dry season. Usually the rainy season will produce slightly brighter/pale Kratom which also could be a little less potent.

When it comes to the farming aspect of these Kratom leaves, farmers can only have white, red, green, and Bentuangie (which is fermented red vein). The interesting aspect Johnny talked about was how farmers could also have yellows which are usually blends.

Do you have a specific yellow strain you love? I personally love Yellow Vietnam myself. But when it comes to talking about vein colors, yellow is probably the most interesting arrived-at vein color – and probably one of the most-guessed at/controversial veins when it comes to this processes.

Basically yellows are blends (like a red/green mix) that are fermented, or a green/white fermented. Johnny hypothesizes on how some farmers make a white or green by drying inside, then a little sun exposure, and finally ferment the product slightly to make a yellow vein color.

Hopefully this clears up how your Kratom leaf vein got its color.

Although the majority of white and green strains originated from an actual red veined leaf, there ARE white and green vein leaves as well, they're just very rare and most of the time very hard to find.

Now you know the important factors in getting a specific vein color, remember most of it has to do with the drying process, let's discuss these *three major vein colors*.

#1 – Red Strain Kratom Powder

The red strain Kratom is one of my favorites. Red strain Kratom is by far the best selling and most popular strain of Kratom in the industry. Growing mostly in Southeast Asia, red vein takes precedence over all other strains.

What stands out with this plant is its tenacity to grow in just about any environment. Scientists marvel at how it can grow both in knee deep water and/or dry arid environments.

Truly this strain is the hulk of all Kratom plants.

The Hybrid Red Strain Mixtures

Here are some of our pure red strains of Kratom:

Dark Elephant

Chocolate

Red Batak

Red Horn

Red Ketapang

Wild Red Elephant

These are just a few of the examples of what you can get over at the Kratom Shop today. If you're looking for potency, the red hybrids are always a great choice to try.



HOW TO POTENTIATE YOUR KRATOM POWDER

Whether you have been using Kratom powder for a long time or are a new user just getting started, one thing you can both agree on is a potent Kratom powder is a better Kratom powder.

If you've been part of our community for very long (if not, then join here), you will randomly see a user every now and then making a discovery about a new Kratom powder potentiator.

In fact, Kratom works in tangent with a lot of natural herbs and spices to benefit you and keep you living a wellness-minded life.

I want to talk about these potentiators which can help make your Kratom powder last a lot longer than normal and give it that extra kick needed to last as long as required. Here are some of the best and most common organic means to beef up your next Kratom dose.

The Kratom Powder Potentiators

Grapefruit

Hiding behind the facade of your breakfast is a powerful strengthener in grapefruit. Grapefruit is an excellent potentiator because of it's enzyme's ability to break down substances like Kratom.

In doing so, the grapefruit allows for more Kratom to stay in the body longer due to the breaking down of the Kratom. A grapefruit alone or even a glass of grapefruit juice works the exact same way. I even know people who take their Kratom powder mixed with the grapefruit juice. You decide what's best.

Chamomile Tea

One of my favorite potentiators, this tea helps enhance the relaxation effects of Kratom. In fact, chamomile tea is one of the most popular potentiators of Kratom powder and is used by a lot of people to establish a lengthier experience each dose.

If you are taking green or white strains of Kratom, which is usually used for energy, you may want to forego the chamomile and use another potentiator.

Turmeric

One of our community's favorite potentiators, turmeric is said to make some of the biggest boosts in their Kratom dose each time when used together. This Indian spice does everything you need it to do to help your Kratom powder last longer both on your cupboard shelf, and in your body.

Cayenne Pepper

Honestly, I had heard about cayenne pepper for a while now, but in doing research for this article, I broke down and tried it for myself. The results were not what I was expecting.

Mix it directly into your dry Kratom dose and take together with water. One tip, please use sparingly, unless you have a high tolerance for spicy foods. I took a little too much and was on fire for the next 30 minutes. So small doses.

Overall, the cayenne pepper gave a tremendous spike in results, however, I didn't notice that it lasted any longer than the usual Kratom dose. It definitely helped in potency, but not in time.

Watercress

Watercress is ultra-hydrated lettuce which has significant effects on potency in Kratom. Studies have shown there is a powerful cocktail in the minerals the lettuce contains. The watercress made my dose last a little longer than a normal Kratom dose, but I didn't feel any specific spikes in effects.

Cat's Claw

This odd sounding herb is comprised of alkaloids similar to the Kratom leaf itself. Because of this, it makes your Kratom more potent and last a little while longer than normal.

Akuamma Seed

The akuamma seed is one of the most disgusting potentiators I've experienced. The seed is a little bigger than your thumbnail and about as sturdy as a stone. In order for the potency to take effect, you must first grind the seeds (1 – 3 each dose) in your preferred grinder/food processor.

Take together with your Kratom dose and **be prepared to gag like a momo**. The bitter taste almost made me want to give it up altogether, but I withstood the bitterness just for you so I could write about it today.

The overall effects were stronger, however, I didn't notice any longer lasting effects than usual.

For me, Akuamma isn't worth it.

Magnesium

Not everyone likes using this one, however, I threw it in here because I've got something pretty important about tolerance levels to tell you.

While magnesium is known as a potentiator, not everyone uses it because it can have adverse effects on the body. It's more known for it's power in lowering tolerance levels than increasing Kratom power (even though it works well for both).

Use this with caution as you may see yourself paying more taxes to Prince John than you would normally pay that day.

In Conclusion

There are many different herbs, spices, and teas you can take together with your Kratom powder to make it stronger. Please note, these are my personal results and, since you are different from me, you could have a different result.

In the end, turmeric was my Kratom potentiator of choice and would definitely use it again.

Have you tried making your Kratom more potent? What are some things you use to make it stronger and last longer?

#2 – Green Strain Kratom Powder

Green vein Kratom is a more balanced effect in alkaloid content and potency.

Dubbed as the "middle of the road" between the red and white vein strains, Mr. Green is no slouch when it comes to holding its own in the Kratom community. While maybe not the first choice of most Kratom users, green vein comes in at a close second in popularity.

Also, Kratom users have reported a more "sophisticated" flavor than the red which comes in slightly more bitter than green.

The Pure Green Strain Mixtures

I have found that mixing the greens is one of the best routes to go. You get the full effect of each leaf you have mixed. Remember, each strain, even if it's the same color leaf, has different alkaloid characteristics so these working together is always good. Here are some great green's you should be watching for over in Kats Botanicals:

Green API

Wild Premium Green

Super Green

Green Malay

Green Brunei

Green Hulu

#3 – White Strain Kratom Powder

White strain Kratom powder is on the other end of the spectrum from red vein leaf. Not for the faint of heart, white vein is usually for a niche specific group who really love and understand the properties of this leaf.

The white strain is commonly known to be mixed with a red or green strain among most Kratom users, but has also been known to be popular by itself as well.

If you're a new Kratom user and are wanting to try it for the first time, you need to slowly ease yourself into the white strains, perhaps making your own hybrid mixtures with reds and/or greens first.

Here's some great whites we sell.

Pure White Strain Mixtures

White JongKong

White Hulu

White Indo

White Banjar

White Bali

In Conclusion

Yes there's a lot of different types of Kratom. However, when it all boils down to it, there are only 3 strains. All of the fancy names are just creative mixtures and blends that work together to help you get on with your day. Whether you have just plain old red strain or a bag of red and a bag of green, you can make your own hybrid and call it whatever you want.



IS KRATOM POWDER LEGAL IN MY STATE?

Kratom powder come from the Mitragyna Speciosa tree which grows in Southeast Asian countries like Indonesia, Malaysia, and Thailand. The leaves, when ingested, are said to enhance mood and relieve pain and anxiety.

Proponents of Kratom powder contend that it has changed their life for the better and don't know where they'd be today without it. Opponents argue that Kratom is a substance of concern due to its effects on the brain and because it has not been well researched. It is not FDA approved for any medicinal purposes.

Sometimes, people know what is better for them than the government. Kratom powder has been used in Asia for thousands of years as a remedy for many ailments without government approval, although it has recently been banned in Thailand.

Legal Status of Kratom

Most of the therapeutic effects of kratom come from patient experiences. The clinical research on kratom is almost non-existent and what is available has only been so since 2012. Kratom gives a combination of stimulating and sedating effects that vary based on the strain and the dosage. The active ingredients of the plant are mitragynine and 7-hydroxumitra-gynine (7-HMG) and are shown to have anti-inflammatory and analgesic properties that bind as agonists to the opiate receptors. In August 2016, The Drug Enforcement Administration (DEA) proposed an emergency scheduling of Kratom, classifying it as a Schedule 1 drug due to its opioid-like effects. This brought about a backlash from the public. People publicly demonstrated, signed petitions, and called on Congress to overrule the decision. The DEA withdrew its notice of intent to institute Kratom's active ingredients as a schedule 1 drug and decided to solicit more information and public comment. The reversal was an unprecedented event for the DEA which came about mostly from the 23,000 comments received from the public supporting Kratom.

A Schedule 1 drug means that the DEA has determined the drug has "no currently accepted medical use and a high potential for abuse." By emergency scheduling (which is usually a period of 2 years) the DEA can gather additional information which then determines if a more permanent classification is necessary.

The DEA considers an Eight Factor Test when deciding to place a drug into a schedule. The test includes information on the drug's abuse potential, pharmacology, and risks. To schedule a drug temporarily the agency must consider three of the eight factors. These three factors are:

1. *The substances history and current abuse pattern*
2. *The scope, duration, and pattern of abuse,*
3. *The risk, if any, to public health*

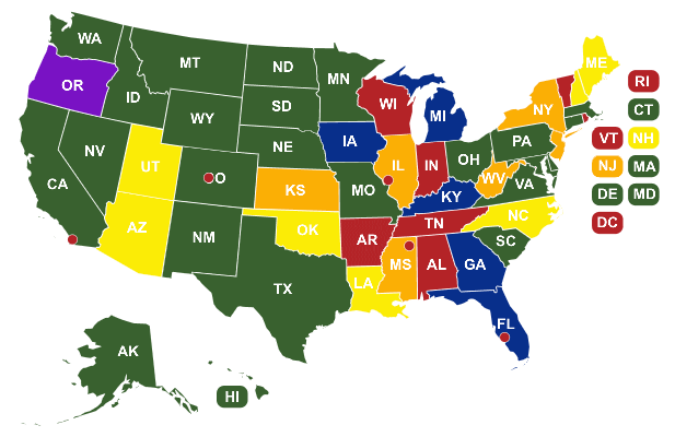
Additionally, the DEA considers the drug's actual abuse, clandestine importation, manufacture and distribution potential. The wide variability of the concentration of the active ingredients in kratom also lead to unpredictable effects which the DEA sees as cause for concern.

Legality of Kratom Powder by State

The DEA has yet to publish a final decision and the future status of kratom remains unknown. However, the current legality of kratom remains a gray area for many people. Kratom is currently legal in the United States but there are several states who have banned kratom making its use illegal.

The following states have banned or are in the process of banning kratom: [This is the most current map we could find. Please check the "NOTES" for changes.]

- Alabama – Kratom is a Schedule 1 controlled substance drug as of May 10, 2016.
- Arkansas – Kratom is a controlled substance as of February 2016.
- California – Kratom is legal except in San Diego where a local ordinance was passed,
- Florida – Kratom is legal in Florida with the exception of Sarasota County.
- Illinois – The sale of kratom is banned to minors under the age of 18, it is banned in Jerseyville, but is legal in the state.
- Indiana – Kratom is classified as a synthetic drug and is banned
- New Hampshire – Legal if you are 18 and over.
- Rhode Island – Kratom is banned in this state
- **NOTE** – Tennessee – Kratom has just been made legal in this state.
- Vermont – Kratom has been banned in vermont
- Wisconsin – Kratom is classified as a Schedule 1 and is banned.



[Image courtesy of Speciosa.org]

- ✔Green: Kratom is legal and no restrictions
- Yellow: Legislation in yellow states have been amended
- Orange: There is pending legislation on Kratom in these states
- Blue: States with failed legislation and remains legal.
- Red: banned states schedule 1 for kratom
- Purple: Study involving kratom
- Red Dot: banned city for kratom
- Light Green : Natural Form ONLY

For more detailed information on the status of Kratom powder by state click here.

This map could change. There is always legislation moving and shaking in Washington over Kratom. Keep yourself updated and informed on your state at all times.

Currently, Kratom users are fighting yet another claim made by the FDA. Headed by Scott Gottlieb, the FDA wants to dictate the scheduling of this plant.This is why it is so important to continually keep Kratom on your representatives radar. If you consume Kratom, please continue to call and write your Congress representatives and Senators about how Kratom has helped you.

If the U.S. ultimately bans the use of kratom, it will be taking an important plant from thousands of people who have testified they found relief from pain, anxiety, and depression through the use of this Kratom tea. It will turn the sale of Kratom into big business as it will become a black market centerpiece.

Do the benefits outweigh any potential risks? According to those who have been given a new chance at living a beneficial life, the answer is yes.



KRATOM TOLERANCE – HOW TO KEEP IT REAL

Recently I wrote an article about how to get the most out of your Kratom dose and the issue of Kratom tolerance levels was one of the points in this piece.

When you use Kratom it's important to understand how to adopt different strategies which will keep your tolerance level down.

What is Kratom tolerance?
In a sense, it means you would have to use more in each dose of Kratom to realize the same effects on your body from when you first started using it. Basically, your body becomes less sensitive to the plant which means you end up taking more and increasing your dosage, which eventually leads to spending more money because you're using more Kratom.

Let's talk about this. I want to break this up into a couple of different parts because I think this is an important topic to discuss with consistent Kratom users.

Stagnant Strain Syndrome

This was a term I heard about years back and it simply refers to the effects of using one strain of Kratom over and over again.
What you must understand about Kratom is each strain has its own effects on the body. In essence, the different strains which we all love and enjoy, are basically the same plant. The maturity of the tree, the drying and curing process, etc., change the effects of what we know as the three different types of Kratom. For example, you could take a red vein leaf from the same tree, dry one set of leaves outside and another set of leaves inside – when you do this you are changing the effects of the plant because drying red vein indoors makes it more potent than drying it outdoors.

The alkaloids in the strain of Kratom you are currently using are independent from any other strain, which means you will be exposed to this particular strains combination of alkaloids – AKA maturity of the tree, harvest time, curing process which makes a big difference in alkaloid content.

When this happens you begin to see an increase in dosage to get the effects you normally would get when you first started taking the strain.

This is called Stagnant Strain Syndrome and it can be avoided easily. The smart Kratom consumer will switch and mix up their strains of Kratom in order to stay away from the SSS effects of one particular strain.

One great way to combat this is through something we here at Kats Botanicals like to call Kratom fusions. These are a mixture of blends we provide you which will keep the SSS from knocking at your door all the time.

Kratom tolerance is a real thing – and aggravating, so make sure you adhere to these tips below.

Keep A Schedule

Another great way to keep your Kratom tolerance level down is to avoid consuming Kratom powder whenever you feel like it.

Set a schedule for each day and stick with that schedule.

When I first began taking Kratom powder, I took my dose of the morning. As a beginner, the Kratom lasted pretty much all day. Since then I have graduated to three doses a day, and have went as high as five doses a day.

During the time I was using a little more than I should have been I began to notice my tolerance level growing, I tapered off and created the schedule which I now stick to today. Basically, I'm a breakfast, lunch, and dinner Kratom consumer.

Since sticking to a schedule I have noticed I am not taking any more than normal and the dosage is fine for me.

Learn which parts of the day your body could use Kratom powder and then make that part of your daily routine.

Because the alkaloids in the Kratom don't reach a stable concentration in the brain, spreading your doses out like this means the development of tolerance will be less likely to occur.

Strain Rotation

You already know to mix and switch your Kratom doses every now and then to keep your tolerance level at bay, but one can also keep the idea of mixing and switching as part of your daily routine as well.
Here's what it could look like:
Monday – Wild Red Hulu
Tuesday – Green JongKong and Red Horn
Wednesday – Green Malay and White Borneo
Thursday – Red Bali
Friday – Wild Premium Green and Wild Red
Saturday – White Banjar and Red Batak
Sunday – Red Maeng Da

You get the point. Create a rotation like this to avoid hard core tolerance levels in your body.

This Potentiator Works

Somewhere in this blog I wrote a post about Kratom potentiators to make your dose stronger. Everyone wants their Kratom dose to be stronger, but no one wants to deal with the tolerance levels that may or may not come with it.

You can remedy this problem with one simple thing – Magnesium.

Magnesium is a great potentiator, and it can also lower tolerance levels in your body. Not everyone likes using this though, as I wrote in the above linked article, because you end up paying a little more taxes to Prince John than you normally would for the day.

Magnesium is saturated with NMDA receptor antagonists and it does a great job of maintaining your body's tolerance level of Kratom.

But please use sparingly. Unless you've got a good book and some time on your hands for the day.

In Conclusion

Kratom tolerance is and always will be up for popular discussion in the Kratom community. The main thing to remember if you're just getting started is to rotate your strains. As always, we've got the best product and we will help you get your first order ready with a blend if need be.



HOW TO GET THE MOST OUT OF YOUR KRATOM POWDER

What most Kratom consumers are always searching for is how to make their Kratom powder last longer. If you are just learning about Kratom powder, then you have probably already realized the alkaloids hidden inside the plant are powerful for a lot of reasons. When you ingest these alkaloids, they bond with the receptors in your body generating different reactions within different people.

However, if you are a consistent Kratom consumer, you may, from time to time, realize you're not getting as much out of your Kratom as you used to. There are certain remedies for this factor and I want to discuss them with you today.

Here are some of the best ways to get the most out of your Kratom powder.

Get Your Dosage Right

One of the most important ways to get the most out of your Kratom is to make sure each dose you consume is the correct dose for you.

In small doses, Kratom can provide energy for you. In larger doses it acts more as a sedative. For each Kratom consumer the dosage is different. For instance, a 130lb woman wouldn't need to take as much as a 200 lb man.

In order to get your dosage right, make sure you start small and work your way up to a larger dose. In the Kats Botanicals community on Facebook you can engage other members who use Kratom daily to get correct directions for your first Kratom dose. For new users, 1 teaspoon can be a good place to start. For me personally (I weigh 195 lbs), this is where I started at. So whether you're smaller or larger, you may want to use this as a guide for your first dose.

Know Your Tolerance Level

The tolerance level of Kratom can mean a couple of different things. First, you could be taking too much too often. In order to reduce your tolerance level for your dose, it's recommended to taper yourself down slowly.

Another way to keep your tolerance level where you need it to be is to continue mixing up different strains. For example you can take white kapua, green bali and red in one day then next day start with white flash, then green md, and finish with red sumatra.

These are just some suggestions, but rotating your strains every day will help your tolerance level stay where you need it to be.

You can also boost the effectiveness of your Kratom due to the way you take your dose. Varying the method in which you consume can help as well studies have suggested. For instance, if you always consume Kratom like I do, with some sort of juice mix, throw it into your coffee machine and brew it instead.

Another way to keep your tolerance level down is to simply take a break every now and then. Slowing your intake will help you keep this under control. This will eventually keep you from taking more Kratom powder as you go along and the last thing you want to see is an empty cupboard from taking too much. These small adjustments could be exactly what your body needs to reset itself.

Get A Better Product

I can't stress this enough.

Remember the time when the U.S. Government told us they were about to ban Kratom in the country?

Sheesh, a lot of people went haywire, including yours truly.

I ended up grabbing a "great deal" online from a seller who was less than trustworthy. In case you'd like to know, I got 5 kilograms for $300. Needless to say, it was trash.

I wasted my money because I thought I was getting a better deal from the rush of vendors who were trying to sell out before the government shut them down.

If you want to get the most out of your Kratom powder, go with a vendor who understands the leaf. Here at Kats Botanicals, we take pride in inspecting every supplier's plantation, knowing where it was grown, and the effects of the strain. We are continually searching for the best products for our customers who enjoy a high quality product at a fair price.

Our founder, Justin Kats, is very picky (for your benefit) when it comes to vetting a great supplier. He researches their facility completely, having the supplier send him a 360 degree video of their warehouses to ensure the supplier is clean. To top it all off, he performs lab tests on all of the Kratom that comes through our door.

Cheaper isn't always better.

Believe me. I can still sometimes taste that junk after I eat spaghetti, of all things.

Knowing you have the opportunity to purchase a product from a vendor who not only uses it himself, but takes pride in offering the best services out there. High quality says a lot.

Buy Kratom Extract

One of the best ways to make your original powder last longer is to buy Kratom extract and keep it on hand for more potency and latency.
Kratom extract is a great way to minimize the usage and dosage every time you go to the cupboard that day.

This extract will allow you to take less than what you normally take, therefore allowing more Kratom powder for you in the future and that's always a good thing. The extract will help you power through until your next dose.

In Conclusion

No matter if you're someone who is simply browsing the internet right now trying to get your questions answered about Kratom powder, or if you're a hard-core Kratom consumer, you can both agree you always want to get the most out of your product.

The above tips are some of the best we have to do such a thing.

But I'm wondering something about you.

What are some of your home-grown tips for getting the most out of your Kratom? I would definitely love to hear them and I know there's a newbie reading this right now who could get a lot out of it too. Please leave your tips in the comment section below!



HOW AND WHERE TO STORE YOUR KRATOM POWDER

If you should ever find yourself opening your cabinet and seeing massive amounts of Kratom powder, or you're a new Kratom consumer and wondering where you're going to put all of that new Kratom you've just purchased from Kats Botanicals, then no worries.

Kratom powder is a resilient little plant and there are certain cases and scenarios where you will be glad you read an article like this one to help you create the perfect environment for your Kratom powder.

It is said that when Kratom powder sits around unused, the active ingredient in Kratom, the mitragynine compounds gradually transform into a compound called mitragynine pseudoindoxyl, which is said to have little to no pain killing properties and may even act as an opiate antagonist.
You definitely don't want that, so take a look at how you can begin storing your Kratom the right way.

How to Store Kratom – For Daily Users

In order for your Kratom to keep its effectiveness and potency, make sure your powder is stored in a cool environment that is free from humidity, oxygen, and ultraviolet light.

These are the normal Kratom users tips to store your powder. Any cupboard is fine as long as the bag stays sealed, you probably won't give it a chance to go bad or turn on you if you're a consistent consumer daily.

How to Store Kratom – Saving it For Later

If you're like me, then you probably like to stockpile a nice little backup stash in order to prepare for a rainy day.

When this happens, you begin to realize storing everything in your cabinets probably isn't going to work.

And it won't if you're saving 5 – 10 extra kilos for later.

Pretty soon, it will begin to go bad on you and you definitely don't want that to happen.

First of all, make sure your Kratom is placed in small plastic bags. It's best to place a small one or two day supply in each bag. Dividing the Kratom powder into small bags will enable you to use the Kratom in small batches, so the remaining powder can remain in airtight, cold storage until right before you're ready to use it. This helps to ensure optimal freshness.

Once this is done, make sure you remove ALL OF THE AIR from each bag. A vacuum sealing device is your best bet, unless you're a pro at sucking air out of a bag. Honestly, I made my own storage work by carefully sealing the bag while pushing the air out at the same time. You know this drill, do it with care and expertise.

Actually, there is a third party tip I saw in one of the groups I'm in where one person mashed all of the air they could out of the bag by doing the pressing, and when they couldn't get any more air out, they stuck a straw in the corner of the seal and started sucking the air out. Kinda like a vacuum device I guess, and it does work because I tried it.

Next, once you have your bag sealed, place them inside a tin or a plastic container so no light can get to your Kratom powder.

The main destination for your Kratom needs to be stored in a cool dry place just like you would your normal bags. Some people store it in the freezer, and, while the verdict is still out on whether or not this will keep long term, reports of several users I've talked to have said it does work. You may need to keep a check on it for freezer burn if you do it this way.

Storing Pre-Brewed Tea

A lot of users would rather pre-brew their Kratom tea and drink when they need it. If you're one of these people, then you probably already know that you can only store pre-brewed tea in the refrigerator for 5 – 7 days before it starts to go bad.

While I don't know why you would want to store it this way, I'm still going to give you the tip because some people do this, so here goes.

If you absolutely MUST pre-brew your tea before you store it, you can actually freeze your pre-brewed tea. However, the catch is, you have to make sure you follow these tips:

- Brew your Kratom tea
- Pour what you want to store in a sealed plastic container
- DO NOT use a glass bowl or drinking cup, a water bottle is fine

The reason for all of the fuss is because when you freeze your pre-brewed tea for storage, remember that liquids expand when they freeze so leave about 1/5 of the bottle empty to allow for the intended expansion that will happen upon freezing. If you don't, the bottle may explode during this process.

In Conclusion

To prevent your Kratom powder from transforming into something you don't want, make sure your storage area is the right fit for your plant. Long term storage is just as important as anything else when it comes to discussing Kratom.



THE TOP 6 THINGS YOU NEED TO KNOW ABOUT KRATOM

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